General Education: (60 hours)

**School**   **Grade**

**Area A – Essential Skills: (9 hours)**

- ENGL 1101 English Composition I
- ENGL 1102 English Composition II
- MATH 1113 Pre-calculus OR MATH 2200 Calculus I

**Area B – Institutional Option (4 hours)**

- ITEC 1001 Introduction to Computing

**Area C – Humanities/Fine Arts (6 hours)**

Select one from the following:
- MUSC 1100/ARTS 1100/ENGL 2110/2100/FILM 1005

Select one from the following:

**Area D – Science, Math, Technology (11 hrs)**

Select one of the following CHEM sequences:
- CHEM 1211K and 1212K or
- CHEM 1151K and 1152K

Select one from the following:
- ITEC 2110/ ITEC 2120

**Area E – Social Science (12 hours)**

- POLS 1101 American Government
- HIST 2111 or HIST 2112 U.S. History I & II

Select one course:
- HIST 2111 (if not used above)
- HIST 2112 (if not used above)
- HIST 1111 World History I
- HIST 1112 World History II
- HIST 1121 Western Civ I
- HIST 1122 Western Civ II

Select one of the following:
- PSYC 1102/SOCI 1101/ANTH 1102/ECON 2100

**Area F – Courses Related to the Program of Study (18 hours)**

- BIOL 2451K Human Anatomy & Physiology I
- BIOL 2452K Human Anatomy & Physiology II
- PHYS 1111K Introduction to Physics I
- BIOL 2516K Microbiology for Health Sciences

Program of Study: (60 hours) Grade of “C” or Better

(39 hours must be at the 3000-4000 level)

**School**   **Grade**

**Required Biology Courses (33 hours)**

- EXSC 3000 Principles of Exercise Science
- EXSC 3101K Exercise Physiology
- EXSC 3200 Psychosocial Aspects of Health and Wellness
- EXSC 3300 Fitness Assessment and Emergency Health Care
- EXSC 3500K Biomechanics
- EXSC 3xxx Community Wellness
- EXSC 3800 Nutrition in Health & Exercise
- EXSC 4200 Epidemiology & Physical Activity
- EXSC 4xxx Wellness Promotion Program Planning

Select one of the following:
- EXSC 4700 Internship
- STEC 4500 Undergraduate Research

**Other Required Courses (9-12 hours)**

- PSYC 1102 The Psychological Experience (If not taken in Area E)
- MATH 2000 Statistics
- PSYC 2100 Cognition & Learning
- PSYC 2200 Intro to Biological & Neuroscience of Psychology

Additional Electives (15-18 hours)

3 elective courses must have an EXSC prefix at the 3000/4000 level

Additional Requirements

**Physical Education (3 hours)**

- Choices for Life (1 hour)
- Additional Physical Education (2 hours)

Regents Requirements – The requirements for US and Georgia History and Constitution can be satisfied by transfer credit of HIST 2111 OR 2112 and POLS 1101 from a University System of Georgia institution. If not satisfied, the student should work with their adviser concerning exemption exams or can complete the courses.

US Constitution
US History
Georgia Constitution
Georgia History