How to use this program plan: Write the grade for the course that satisfies each requirement. If the student takes a course that is chosen from a list of possible courses, circle the course number taken in addition to writing the grade.

**School Grade**

**Area A – Essential Skills (9 hours)**
- ENGL 1101 English Composition I
- ENGL 1102 English Composition II
- MATH 1113 Pre-calculus OR MATH 2200 Calculus I

**Area B – Institutional Option (4 hours)**
- ITEC 1001 Introduction to Computing

**Area C – Humanities/Fine Arts (6 hours)**
- Select one from the following:
  - MUSC 1100/ARTS 1100/ENGL 2110/2100/FILM 1005
- Select one from the following:
  - RELN 1100/GEOG 1101/2000 level foreign language

**Area D – Science, Math, Technology (11 hrs)**
- CHEM 1211K
- Select one from the following:
  - ITEC 2110/ITEC 2120

**Area E – Social Science (12 hours)**
- POLS 1101 American Government
- Select one of:
  - HIST 2111 or HIST 2112 U.S. History I & II
  - HIST 2111 World History I
  - HIST 2112 World History II
  - HIST 1121 Western Civ I
  - HIST 1122 Western Civ II
- Select one of the following:
  - PSYC 1102/SOCI1101/ANTH1102/ECON2100

**Area F – Courses Related to the Program of Study (18 hours) ("C" or better)**
- BIOL 2516K Microbiology Allied Health Prof.
- BIOL 3200 Principles of Biology I
- BIOL 3400K Cell Biology
- MATH 2000 Statistics
- PHYS 1112K Introduction to Physics II
- PHYS 1212K Intro to Exercise Science & Wellness
- EXSC 3101K Exercise Physiology
- EXSC 3200 Psychosocial Aspects of Health and Wellness
- EXSC 3500K Biomechanics
- EXSC 4100K Exercise Testing & Prescription
- EXSC 4700K Internship
- STEC 4500K Undergraduate Research
- MATH 2000 Statistics
- BIOL 1107K Principles of Biology I
- BIOL 2451K Anatomy and Physiology I
- BIOL 2452K Anatomy and Physiology II

**Additional Electives (21-24 hours)**

3 elective courses must have an EXSC prefix
- 12-16 hours must be at the 3000/4000 level.

**Regents Requirements** – The requirements for US and Georgia History and Constitution can be satisfied by transfer credit of HIST 2111 OR 2112 and POLS 1101 from a University System of Georgia institution. If not satisfied, the student should work with their adviser concerning exemption exams or can complete the courses.
- ___ US Constitution ___ Georgia Constitution
- ___ US History ___ Georgia History

**Additional Requirements**
- **Physical Education (3 hours)**
  - Choices for Life (1 hour)
  - Additional Physical Education (2 hours)

This plan is an unofficial document used for advisement only.