

HUMAN DEVELOPMENT AND
AGING SERVICES (HDAS)
MENTORING MILESTONES

0 – 30 CREDIT HOURS

TOOL LITERACY

First 2 Weeks

- Claw Mail
- Health and Safety training
- DegreeWorks
- Course Scheduler
- Collect 4 year plans
- ClawLink

CAMPUS LITERACY

First Month

- Meet your mentor
- Visit a support office
- Visit AEC
- Visit Library

Plan to attend:

- Student Involvement event

CURRICULUM LITERACY

Ask your mentor:

- Critical prerequisites?
- General Education requirements?
- Which English and Math?

In your focus area or major:

- Make a summer plan
- Complete 9 credits

LOOKING FORWARD

- Draft a resume
- Begin CDAC modules
- Meet a professor

31 – 60 CREDIT HOURS

TOOL LITERACY

- Study 4-year plan
- Use DegreeWorks
- Create a LinkedIn profile
- Visit CDAC and ClawLink
- Focus 2 Career assessment

CAMPUS LITERACY

- Visit library/meet a librarian
- RSO club meetings or volunteer event

Plan to attend:

- CDAC events
- Study Abroad Fair
- Sociology and HDAS Club events

CURRICULUM LITERACY

Ask your mentor:

- What can you do with HDAS?
- Which specialization is right for you?
- Meet HDAS faculty
- Complete HDAS 2010

LOOKING FORWARD

- Continue CDAC modules
- Job-relevant volunteer experience
- Make a summer plan
- Consider a minor

61 – 90 CREDIT HOURS

TOOL LITERACY

- Update 4-year plan
- DegreeWorks: courses not used?
- Update LinkedIn profile

CAMPUS LITERACY

- Consider RSO/event leadership

Plan to attend:

- CDAC events
- Library workshop
- CREATE Symposium
- Sociology and HDAS Club events

CURRICULUM LITERACY

Ask your mentor:

- Explore minors
- Electives/Certifications?
- Explore post-graduation options: work, grad school, other?
- Prepare for internship (HDAS 4510)

LOOKING FORWARD

- Build professional network
- Obtain internship
- Practice interviewing
- Continue CDAC modules
- Make a summer plan
- Update resume and cover letter

90 – 120 CREDIT HOURS

TOOL LITERACY

- Visit ClawLink job board
- Reach out to LinkedIn network
- Update LinkedIn profile
- Clean up social media

CAMPUS LITERACY

- Pursue leadership in RSO

Plan to attend:

- CDAC events
- CREATE or local/regional conference
- Sociology and HDAS Club events
- HDAS professional development and networking events

CURRICULUM LITERACY

Ask your mentor:

- Ready for graduation?
- Electives/Certifications?
- Apply for graduation!

LOOKING FORWARD

- Practice interviewing
- Finalize resume
- Finalize LinkedIn profile
- Confirm professional references
- Attend Career Fair