EVCC.	Exercise	Caianaa	Clinical	A		
	FXDICISE	SCIENCE	CHIMICAL		MILLION.	IVIAN
			Ulliloui	AUGU		IVIGE

This academic map is a suggested four-year schedule of courses based on degree requirements in the GGC catalog. This sample schedule serves as a general guideline to help build a full schedule each term. *Missing milestones could delay your program.*

Name	 	 	
ID			

FRESHI	MAN FALL		FRESHMAN SPRING		FRESHMAN SUMMER	
Course		Hours	Course	Hours	Course	Hours
☐ ENGLISH COMPOS	ITION 1	3	☐ ENGLISH COMPOSITION 2	3	Recommend taking classes in	
ENGL 1101		4	ENGL 1102	4	the summer to stay on track	
☐ PRE-CALCULUS MATH 1113		4	☐ PRINCIPLES OF BIOLOGY 1 BIOL 1107K	4		
☐ PRINCIPLES OF CH	EMISTRY 1	4	☐ PRINCIPLES OF CHEMISTRY 2	4		
CHEM 12111K			CHEM 12112K			
☐ HUMANITIES/FINE	E ARTS	3	☐ INTRODUCTION TO COMPUTING	4		
MUSC 1100 / ARTS 1100 / EN	IGL 21XX / FILM 1005		ITEC 1001			
☐ CHOICES FOR LIFE		1				
PHED 1101						
	TOTAL	15	TOTAL	15		
	TOTAL RUNNING TOTAL	15	RUNNING TOTAL	30		
SOPHON PSYCHOLOGY	MORE FALL	3	SOPHOMORE SPRING ANATOMY & PHYSIOLOGY 2	4	SOPHOMORE SUMMER	
PSYCHOLOGY PSYC 1102		3	BIOL 2452K	4	Recommend taking classes in the summer to stay on track	
☐ PHYSICAL EDUCAT	ION	1	☐ INTRODUCTION TO EXERCISE SCIENCE	3	the summer to stay on track	
Any PHED except 1101			EXSC 3000			
☐ ANATOMY & PHYS	SIOLOGY 1	4	□ STATISTICS	3		
BIOL 2451K INTRODUCTION TO	O PHYSICS 1	4	MATH 2000 HUMANITIES/FINE ARTS	3		
PHYS 1111K	0 1 1110100 1	7	MUSC 1100 / ARTS 1100 / ENGL 21XX / FILM 1005	3		
☐ AMERICAN GOVER	NMENT	3	□ ELECTIVE	3		
POLS 1101	MANUELLA		1000-4000 LEVEL			
. 010 1101	TOTAL	15	TOTAL	16		
	TOTAL RUNNING TOTAL	45	TOTAL RUNNING TOTAL	61		
JUNIC	OR FALL		JUNIOR SPRING		JUNIOR SUMMER	
☐ U.S. HISTORY	OR FALL	3	☐ HISTORY	3	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112			☐ HISTORY HIST 1111, 1112, 1122, 2111, or 2112			
☐ U.S. HISTORY		3 4	☐ HISTORY	3	Recommend taking classes in	
□ U.S. HISTORY HIST 2111 or 2112 □ EXERCISE PHYSIOL	OGY		☐ HISTORY HIST 1111, 1112, 1122, 2111, or 2112 ☐ RESEARCH METHODS		Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250	.OGY H BEHAVIORS	4	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800	3	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8	OGY	4	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS	3	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150	.OGY H BEHAVIORS	4 3 3	☐ HISTORY HIST 1111, 1112, 1122, 2111, or 2112 ☐ RESEARCH METHODS EXSC 3050 ☐ NUTRITION IN HEALTH & EXERCISE EXSC 3800 ☐ BIOMECHANICS EXSC 3500K	3 3 4	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE	.OGY H BEHAVIORS	4	☐ HISTORY HIST 1111, 1112, 1122, 2111, or 2112 ☐ RESEARCH METHODS EXSC 3050 ☐ NUTRITION IN HEALTH & EXERCISE EXSC 3800 ☐ BIOMECHANICS EXSC 3500K ☐ ELECTIVE	3	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150	OGY H BEHAVIORS & ANAEROBIC EXERCISE	4 3 3 3	☐ HISTORY HIST 1111, 1112, 1122, 2111, or 2112 ☐ RESEARCH METHODS EXSC 3050 ☐ NUTRITION IN HEALTH & EXERCISE EXSC 3800 ☐ BIOMECHANICS EXSC 3500K ☐ ELECTIVE 1000-4000 LEVEL	3 3 4 3	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE	.OGY H BEHAVIORS	4 3 3	☐ HISTORY HIST 1111, 1112, 1122, 2111, or 2112 ☐ RESEARCH METHODS EXSC 3050 ☐ NUTRITION IN HEALTH & EXERCISE EXSC 3800 ☐ BIOMECHANICS EXSC 3500K ☐ ELECTIVE	3 3 4	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL	4 3 3 3	☐ HISTORY HIST 1111, 1112, 1122, 2111, or 2112 ☐ RESEARCH METHODS EXSC 3050 ☐ NUTRITION IN HEALTH & EXERCISE EXSC 3800 ☐ BIOMECHANICS EXSC 3500K ☐ ELECTIVE 1000-4000 LEVEL TOTAL	3 3 4 3	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE 1000-4000 LEVEL	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL	4 3 3 3	☐ HISTORY HIST 1111, 1112, 1122, 2111, or 2112 ☐ RESEARCH METHODS EXSC 3050 ☐ NUTRITION IN HEALTH & EXERCISE EXSC 3800 ☐ BIOMECHANICS EXSC 3500K ☐ ELECTIVE 1000-4000 LEVEL TOTAL	3 3 4 3	Recommend taking classes in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE 1000-4000 LEVEL	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL	4 3 3 3	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL	3 3 4 3	Recommend taking classes in the summer to stay on track SENIOR SUMMER	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE 1000-4000 LEVEL	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL	4 3 3 3 16 77	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING	3 3 4 3 16 93	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE 1000-4000 LEVEL SENIC EXERCISE TESTING EXSC 4100K	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL A PRESCRIPTION	4 3 3 3 16 77	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL TOTAL TOTAL SENIOR SPRING CLINICAL EXERCISE PHYSIOLOGY EXSC 4500	3 3 4 3 16 93	Recommend taking classes in the summer to stay on track SENIOR SUMMER	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE 1000-4000 LEVEL SENIC	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL A PRESCRIPTION	4 3 3 3 16 77	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING CLINICAL EXERCISE PHYSIOLOGY	3 3 4 3 16 93	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE 1000-4000 LEVEL SENIC EXERCISE TESTING EXERCISE & SPORT	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL & PRESCRIPTION PSYCHOLOGY	4 3 3 3 16 77	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING CLINICAL EXERCISE PHYSIOLOGY EXSC 4500 RESEARCH, PRACTICUM, or INTERNSHIP STEC 4500, EXSC 4750, or EXSC 4700	3 3 4 3 16 93	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE 1000-4000 LEVEL SENIO EXERCISE TESTING EXERCISE & SPORT EXERCISE 3200	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL & PRESCRIPTION PSYCHOLOGY	4 3 3 3 16 77	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING CLINICAL EXERCISE PHYSIOLOGY EXSC 4500 RESEARCH, PRACTICUM, or INTERNSHIP	3 3 4 3 16 93	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC 8 EXSC 3150 ELECTIVE 1000-4000 LEVEL SENIO EXERCISE TESTING EXERCISE & SPORT EXSC 3200 PHYSICAL EDUCAT	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL & PRESCRIPTION PSYCHOLOGY	4 3 3 3 16 77	HISTORY HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING CLINICAL EXERCISE PHYSIOLOGY EXSC 4500 RESEARCH, PRACTICUM, or INTERNSHIP STEC 4500, EXSC 4750, or EXSC 4700 EXERCISE SCIENCE ELECTIVE 3000-4000 LEVEL	3 3 4 3 16 93	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC & EXSC 3150 ELECTIVE 1000-4000 LEVEL SENIO EXERCISE TESTING EXERCISE & SPORT EXERCISE & SPORT EXERCISE ALOUCAT Any PHED except 1101	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL & PRESCRIPTION PSYCHOLOGY	4 3 3 3 16 77 4 3 1	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING CLINICAL EXERCISE PHYSIOLOGY EXSC 4500 RESEARCH, PRACTICUM, or INTERNSHIP STEC 4500, EXSC 4750, or EXSC 4700 EXERCISE SCIENCE ELECTIVE	3 3 4 3 16 93 3 3 3	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC & EXSC 3150 ELECTIVE 1000-4000 LEVEL SENIC EXERCISE TESTING EXERCISE & SPORT EXSC 3200 PHYSICAL EDUCAT Any PHED except 1101 ITEC 2XXX	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL A PRESCRIPTION FPSYCHOLOGY	4 3 3 3 16 77 4 3 1	HISTORY HISTORY HIST 1111, 1112, 1122, 2111, or 2112 □ RESEARCH METHODS EXSC 3050 □ NUTRITION IN HEALTH & EXERCISE EXSC 3800 □ BIOMECHANICS EXSC 3500K □ ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING □ CLINICAL EXERCISE PHYSIOLOGY EXSC 4500 □ RESEARCH, PRACTICUM, or INTERNSHIP STEC 4500, EXSC 4750, or EXSC 4700 □ EXERCISE SCIENCE ELECTIVE 3000-4000 LEVEL □ EXERCISE SCIENCE ELECTIVE	3 3 4 3 16 93 3 3 3	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC & EXEC 3150 ELECTIVE 1000-4000 LEVEL SENIC EXERCISE TESTING EXERCISE & SPORT EXSC 3200 PHYSICAL EDUCAT Any PHED except 1101 ITEC 2XXX ITEC 2110 or 2120	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL A PRESCRIPTION FPSYCHOLOGY	4 3 3 3 16 77 4 3 1	HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING CLINICAL EXERCISE PHYSIOLOGY EXSC 4500 RESEARCH, PRACTICUM, or INTERNSHIP STEC 4500, EXSC 4750, or EXSC 4700 EXERCISE SCIENCE ELECTIVE 3000-4000 LEVEL EXERCISE SCIENCE ELECTIVE 3000-4000 LEVEL	3 3 4 3 16 93 3 3 3 3	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	
U.S. HISTORY HIST 2111 or 2112 EXERCISE PHYSIOL EXSC 3101K CHANGING HEALT EXSC 3250 APP OF AEROBIC & EXSC 3150 ELECTIVE 1000-4000 LEVEL SENIC EXERCISE TESTING EXERCISE & SPORT EXSC 3200 PHYSICAL EDUCAT Any PHED except 1101 ITEC 2XXX ITEC 2110 or 2120 EXERCISE SCIENCE	OGY H BEHAVIORS ANAEROBIC EXERCISE TOTAL TOTAL RUNNING TOTAL OR FALL A PRESCRIPTION FPSYCHOLOGY	4 3 3 3 16 77 4 3 1	HISTORY HISTORY HIST 1111, 1112, 1122, 2111, or 2112 RESEARCH METHODS EXSC 3050 NUTRITION IN HEALTH & EXERCISE EXSC 3800 BIOMECHANICS EXSC 3500K ELECTIVE 1000-4000 LEVEL TOTAL TOTAL RUNNING TOTAL SENIOR SPRING CLINICAL EXERCISE PHYSIOLOGY EXSC 4500 RESEARCH, PRACTICUM, or INTERNSHIP STEC 4500, EXSC 4750, or EXSC 4700 EXERCISE SCIENCE ELECTIVE 3000-4000 LEVEL EXERCISE SCIENCE ELECTIVE 3000-4000 LEVEL ELECTIVE	3 3 4 3 16 93 3 3 3 3	Recommend taking classes in the summer to stay on track SENIOR SUMMER Graduation in	