



## Disability Services Medical (Systemic) Disorders Documentation Form

### Definition

Systemic disorders are conditions that affect the internal body systems such as the respiratory, circulatory, and digestive systems. Systemic disorders often affect the whole body and its functioning and may have a long-term effect on one's organs and tissues. Individual differences are significant. Systemic disorders often change over time and in relation to environmental or outside factors.

### Examples of common types

diabetes mellitus, fibromyalgia, ulcerative colitis, Crohn's disease, Graves' disease, lupus, cystic fibrosis, rheumatoid arthritis, atherosclerosis, stroke, sickle cell disease, myasthenia gravis, multiple sclerosis, and Guillain-Barre syndrome  
This is not an exhaustive list.

### Common treating professionals

endourologist, cardiologist, gastroenterologist, oncologist, rheumatologist, pulmonologist, neurologists, immunologists, or nephrologist

### Notes for consideration

- Any accommodation recommendation must be individual to the person and how the disability affects them.
- Any suggestion for nonattendance or breaks should include additional details of frequency and length so accommodations can be determined. Sometimes, online classes are more appropriate for individuals who are experiencing unpredictable frequent absences. Examples of helpful details include breaks as needed every 3 hours for stretching; bathroom as needed during flare-ups; flare-ups occur a few times a year since new medication started; absences for 24 hours after seizure; breaks needed to check blood sugar when monitor beeps. This type of information is helpful.
- If there is a neurological symptom or result of the disability, additional current neurological testing is required to determine impairment. Include current data, evaluations and testing about the individual.
- Documentation may need to be updated to ensure appropriate accommodations over time for new or changing conditions. The full BOR guidelines can be found here: [BOR Disability Documentation](#)

### Required Documentation

Documentation should be provided by your treating specialist by submitting a letter on professional letterhead or by completed form on the reverse side. The following information is required:

1. Diagnosis and corresponding ICD code along with the professional's name, license number and signature
2. Data collected, evaluation or assessment that informed the diagnosis and description of individual's history regarding disability (when diagnosed and how it manifested and displayed in this particular person)
3. Description and details of current symptoms associated with the impairment and current functioning of the individual at the time of request for services
4. Current severity of the disorder and prognosis for this individual  
Is it a chronic disorder? Is it episodic? Is it temporary?
5. Current treatment and stability of this individual in regard to their disability
6. Side effects of treatment or medication
7. Limitations in relation to academics, housing, or the general college environment



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Student name and GGC ID number:

ICD diagnosis name and number:

\*Please fill out a new form for each diagnosis.

Description of the individual's history regarding their disability (i.e., date of diagnosis; how it manifested and displayed in the individual; and data, assessment or evaluation performed to inform diagnosis)

Current symptoms associated with impairment

Description of functional impairment and current functioning especially in relation to the academic, housing or educational environment (Attach updated data, assessments, or evaluations and summary used to determine current functioning.)

Current severity of the disorder

Current prognosis for this individual  
(chronic, episodic or temporary)

Present treatment plan and stability of the individual (include medications and side effects)

Provider name and title:

License #:

Provider address and phone:

Provider signature and date:

