**Human Development and Aging Services**

# **General Grizzly**

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## **Education**

**Bachelor of Science in Human Development and Aging Services GPA: 3.75**

Georgia Gwinnett College – Lawrenceville, GA Anticipated Graduation: May 20XX

## **Relevant Coursework**

Aging and Cultural Diversity ∙ Gender and Aging ∙ Adult Development and Aging Working ∙ Aging and Retirement ∙ Sociology of Disability ∙ Death, Grief and Dying

## **Internship Experience**

**Intern, New American Pathways – Atlanta, GA May 20XX – August 20XX**

* Provided assistance to refugees of all ages with social adjustments including grocery shopping and scheduling/attending appointments
* Documented in case files to maintain quality service and progression for refugees
* Attended weekly staff meetings to ensure implementation of best practices

## **Work Experience**

**Activities Assistant, Nursing Home – Lawrenceville, GA January 20XX – Present**

* Plan and execute weekend recreational activities and events for residents
* Co-facilitate activities to promote mental, physical and emotional exercise and relaxation
* Train volunteers to serve residents while adhering to safety and patient privacy standards

**Personal Caregiver - Buford, GA June 20XX – December 20XX**

* Assisted an elderly gentleman with achieving daily life skills
* Prepared and served meals in compliance with recommended dietary restrictions
* Transported and attended doctor appointments, grocery shopping and recreational events
* Monitored and reported health concerns and unusual behaviors to family members

## **Community Involvement**

**Active Minds Member** – Georgia Gwinnett College – Lawrenceville, GA 20XX - Present

* Educate fellow students on mental health awareness and dispel associated myths

**Bereavement Team Volunteer**, Hospice Atlanta – Atlanta, GA 20XX -20XX

* Initiated phone calls to grieving families, mailed sympathy cards and assisted with post arrangements

## **Skills**

Bilingual – Fluent in English and Spanish ∙ CPR, First Aid and AED Certified ∙ Intermediate proficiency in Microsoft Word, Excel and PowerPoint